The San Juan Islands Seed Exchange 2015 Listings

The Exchange was created as an off shoot to the Lopez Community Land Trust Seed Library. While the Library in essence only serves Lopez Island the Exchange serves all of San Juan County. The goal of the Exchange is to promote a culture of seed saving based on the sharing of island grown seeds, knowledge and skills. All are encouraged to participate.

The 2015 Listing was created to catalog current seed saving in San Juan County and as a means for sharing these seeds. Currently we have a printed copy available and will soon have an online version.

<u>Listing Seed:</u> Listings are only being accepted on line. To get a link to our listings page contact Ken Akopiantz at seedlclt@gmail.com.

<u>Obtaining Seed:</u> Find a listing that you are interested in and directly contact the grower by their preferred contact method. All exchanges are between you and the grower.

Exchanges: While compensation is up to the individual grower, we recommend the following: Small Seeds (at least 25 seeds) \$4.00/packet
Large Seeds (at least 25 seeds) \$4.00/packet
Garlic & Tubers at grower's discretion

Listed Growers

Horse Drawn
2823 Port Stanley Rd
Lopez, WA 98261
swiftbay@yahoo.com

Mary Hayton 49 Orchard Road Lopez, WA 98261 murphyhayton @yahoo.com Nootka Rose Waldron, WA 98297 nootkarosefarm@gmail.com

Skyriver Ranch Lopez, WA 98261 isky@rockisland.com

Steve Ludwig
459 Aleck Bay Road
Lopez, WA 98261
360 468-2104

Steven Wrubleski 242 Raven Hill Rd Lopez, WA 98261 wrubles@centurytel.net

Marney Reynolds Split Rock Gardens 1338 Shark Reef Rd Lopez, WA 98261 marney@raincity.com deathtodevelopment@yahoo.com

Variety	Original Source	Grower	Years Grown	Description	Purity
DRY/SHELLING Agassiz pinto	Salt Spring Seed	Nootka Rose	long time	our most productive dry bean	
Anasazi	friend in CO	Nootka Rose	about 10	very productive in a warm year, moldy and less productive in a cool damp season, but very tasty.	
Black Coco Black Coco	? Territorial (prob.)	Nootka Rose Mary Hayton	about 10 at least 25, growing it out every other year	I grow this bush bean a foot apart in the row, with tomato cages or short wire trellis, to keep the plants upright when heavy with beans. Less rain damage and less rot in the lower pods. Black Coco is about the earliest maturing of all my dry beans. This is a good bean for black bean soup, and any soup needing a meaty bean, and also refried, chili.	
Black Turtle	Osbornes	Horse Drawn	4	An excellent black bean. A little later maturing then we would like, but we have slowly been selecting for earlier maturity.	Stable
Calypso	Osbornes	Horse Drawn	4	A very productive bean grown with minimal irrigation. Also known as the Yin Yang or Orca bean.	Stable
Cannellini	Territorial (prob.)	Mary Hayton	20 years+ although I grow it every other year	I grow my bush beans dry with about a foot between plants, and keep them up off the ground with caging/ short trellis. less disease and more sun/circulation. With a few hours soaking, these beans cook quicker than other dry beans, using plenty of water. Drained, saute with butter or olive oil - yummy. Or, drained, adding some cooked tomato and sageOr minestrone.	Stable
Dragon's Tongue	Osbornes	Horse Drawn	1	This bean was too late maturing for us.	Stable

Variety	Original Source	Grower	Years Grown	Description	Purity
Flageolet	Nichols Garden Seeds (prob.)	Mary Hayton	20+ years	I prefer to use the shell beans, cooked and lightly sautéed in olive oil and parsley or tarragon, as a side dish with polenta and red cabbage and sausage. But if the beans dry down ahead of me, I use the dry beans the same way. I grow each plant in a small tomato cage, up off the ground and plenty of air-flow.	Stable
King of the Early	Glenn Riley	Nootka Rose	about 10	Kidney type, early, productive	
Kring	Seed Library	Horse Drawn	1	Just started with this old Lopez variety. Should have enough to sell and share by end of this year.	Stable
Kring	Francis Kring	Syriver Ranch	25 years	One of the first heirloom beans grown on Lopez. Very dependable at maturing in time to dry before harvest and high yielding. Tan with burgundy speckles and splotches. Francis Kring was elderly when she died in the late 90's or early 2000's. I think she said her mother grew them on Lopez before her and Francis' daughter (still living on Lopez) remembers growing up eating many meals of these beans. I don't know by what name they were called by her or other early Lopez folkThey've always been "Kring Beans" to me.	Stable

Variety	Original Source	Grower	Years Grown	Description	Purity
Montezuma Red	Abundant Life	Mary Hayton	20+ years, although I grow it out about every 2 or 3 years.	When AL catalog said that "Montezuma Red was being grown by Indians when Cortez arrived in Mexico, found in 3,000 year old pre-historic tombs", I wanted to grow this bean! A connection with ancient peoples and their foods. To keep the plants up off the ground, I use a 5-ft trellis and try to keep as much of it tied up as practical It always dries down by end of season, how early depends on weather. This is our red bean for chili, soups, salads.	Stable
Perigon	?	Nootka Rose	about 10	Not so productive, but a very good bean	
Rockwell	Uprising Seeds	Mary Hayton	3	Rockwell has been grown in the area of Coupeville, WA since the late 1800's; I have been growing it to see if it can be a reliable dry bean here also. I grow it in small tomato cages to keep it up off the ground. It dries down early, before fall rains.	Stable
Romano Pole	Nichols Garden Seeds	Mary Hayton	at least 20	The seed is buff brown in this variety. This is our favorite shell bean, esp. near summer's end when the snap beans are waning. Then I keep a close eye on those Romanos, ready to pick the first few that are plump enough for the meal. The pods that dry down ahead of me are saved for next year's seed and winter hearty veg soups.	Stable

Variety	Original Source	Grower	Years Grown	Description	Purity
Soissons Vert	Seed Savers member WI HO C	Mary Hayton	2013 First year	When a friend suggested that this bean could be a more productive flageolet-type bean for me to grow, I tried it. Very productive, given that it is happiest at the top of a 10-ft trellis - a lot of square-footage! The dried beans are larger, however, than my flageolet, and behave more like cannellini in the kitchen. I plan to grow Soissons Vert again in 2016, and will harvest more shellys, which are reputed to be yummy.	Stable
Tiger's Eye	Osborne	Horse Drawn	4	Our earliest bean grown with minimal irrigation. A deep orange bean with burgundy swirls.	Stable
Blue Lake POLE BEAN	?	Nootka Rose	long time	the best	
Borlotti or Cranberry Bean	Italy	Marney/Split Rock Garden	25 yrs.	There are 2 varieties that I have. Both are pole beans and will reach 10 to 12 ft. if the trellising is tall enough! The long pod produces 7 to 9 beans per pod and the short pod produces 4 to 5 very fat beans per pod. They can be used fresh or dried. Very creamy and perfect for soups. I found these seeds at a farmer's market in Italy many years ago and have been growing them ever since.	
Fortex Helda	?	Nootka Rose Nootka Rose	long time		
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Variety	Original Source	Grower	Years Grown	Description	Purity
Norma Green Snap	Seed Savers IA SSE HF	Mary Hayton	2014 was first year to grow and save seed	I grew Norma after an aunt told me about how her 1st husband's family had been growing it for years and sharing the seed in Marblemount, WA.I wanted to learn if this can be a desirable green bean for Lopez It needs a 5-ft trellis; plants were bushy at base, and growing more spindly as they grew up the wire. The pods were 6-7 inches long, and sweet and tender at a young stage, but I needed to harvest them very regularly, or leave them for shell stage. I will grow them again 2015 and make further evaluation.	Stable
Lima pole bean for dry or fresh	Francis Kring	Skyriver Ranch	25 years	This all white fat dry bean is probably in the Scarlet Runner family but we have always called it a lima. Very dependable and prolific producer. One of the last beans I harvest; leaving them on the poles even after the fall rains have started. I start harvesting the first mature beans early but then continue pulling the pods off even in the wet weather as the pods continue to brown. Yummy with pork!	Stable
GREEN BEAN					
Provider	seed co.	steve ludwig	5	very stringless green bean and good shelling and dry bean too	Stable

Beets

Variety Original Source Grower Years Grown Description Purity

mix	mix	Steven Wrubleski	1	inspired by Alan Kapuler's 3 Root Grex gene pool because I like going out into my beet row and choosing from a diverse variety of beets. However I wasn't entirely pleased with the particular genetics. I want some dark red interior beets, and the yellow/orange ones I want the color all the way through(not just skin deep) So I crossed in Shiraz, Cylindra and Touchstone. I kept the family groups of seed. Will share for adventurous gardeners.	Work in progress
Corn					
Kusik, stable	?	Nootka Rose	10	productive, tasty, matures, open husk allows the crows to get at it	
Painted mountain	Dave Christensen	Steven Wrubleski	15	Great short season flour corn,drought tolerant, good for cornbread, also works for hominy	Stable
cross, flint	cross	Steven Wrubleski	2	and even tortillas I wanted a flint corn, with the earliness and drought tolerance of Painted mountain. Most flints don' mature well here, the flints from Carol 'Deppe worked so I crossed them with PM and am saving flinty seed, also selecting for ear size, earliness, and other proper corn qualities.	
Oaxacan green		Steven Wrubleski	1	I am pleased to have successfully saved seed in 2014, it is beautiful, haven't experimented culinarily ye	
Garlic					
Nootka Rose, stable	Alice McDonald	Nootka Rose	40	soft neck that stores well	
Garlic					
Variety	Original Source	Grower	Years Grown	Description	Purity

a Silverskin? Doreen Kana Mary Hayton 25

of my first "softneck garlic", but I have continued to grow it out every year because it is the longest storing and reliably maturing variety that I have grown. Later to mature than my Romanian Red hardneck, by a week or so. After choosing the bulbs with large cloves for my seed, the most important things I can do for a successful crop each year are welldrained raised beds, fertile soil, covering the newly planted beds through the winter with loose hay and removing hay in spring, weedfree, irrigation through May/early June as needed, planting my garlic beds as far away from overwintering leeks as possible for rust control, and harvesting as soon as the garlic is mature. Adequate drying before storing is also important for the long storage.

I don't remember the variety name Stable

Nootka Rose Seed Savers ? Mary Hayton 15 or so

Nootka Rose is not quite as reliably maturing disease-free as the "softneck" garlic listed above, but I continue the same careful culture and store as much as I can for replanting and kitchen use. I continue to grow it because if it came from Waldron Is., I should be able to grow it on Lopez!

Garlic

Variety Original Source Grower Years Grown Description Purity

Inchelium Red	Seed Savers?	Mary Hayton	10 or so	I decided to trial Inchelium Red because it was discovered in our state, somehow more "local" than others. But Colville climate is way different than Lopez; however, I can get a reasonable harvest of this variety, by using same cultural practices as garlics above. In addition, as harvest days draw near, I inspect this variety daily and pull it before the bulbs begin to pull apart and open up. Once it splits open, the sow bugs move in and this greatly diminishes the storage life.	Stable
Romanian Red	Territorial?	Mary Hayton	15+	Romanian Red is a reliable garlic for me, maturing in July, and storing well into the winter (I hang it to dry in a plenty-warm area for a few weeks to make sure it is really ready to store in a cool, dry room. I save for replanting the bulbs with the largest cloves, which gives the new plants a head start, but I find that the cultural aspects are key to a disease-free crop. Drainage, fertility, weed-free, covering lightly with loose hay at planting but removal of hay during growing time, and the last few years I have planted my garlic as far away as possible from my overwintering leeks to avoid rust exposure.	Stable
Grains:					
Dylan	Joel Thorson	Nootka Rose	5	HWS, can withstand the rust and still be productive. We bake our bread with this wheat.	
unk	seed co.	steve ludwig	2	Was supposed to be a good old variety, but lost the name, sorry.	Stable
Fortuna	Montana	Horse Drawn	6	We make all of our bread with this spring planted wheat. It appears to be rust resistant and has been a consistent producer.	
Greens					
Variety	Original Source	Grower	Years Grown	Description	Purity

long time

Nootka Rose

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Cilantro-Santo Cross not sure Horse Drawn 10 A cross between Santo and a fine Stable leaf variety. Great for salsa etc.

Leek

new various Steven 1 I am interested in creating an OP Work in Wrubleski winter hardy leek with a LONG progress

winter hardy leek with a LONG stem. From my trials it appears that the winter hardy leeks are broader and squatter, and there are some winter hardy hybrids, and the mediterranean "early" leeks are taller but not as hardy. I began a project by creating a starting gene pool, and am interested if you have any recommendations for varieties to add in with LONG white stems

Melon

Northern Melon Mix Adaptive Seeds Horse Drawn 1 A early producing mix of all kinds of Gene Pool

Onion

Newberg, stable High Mowing Seed Nootka Rose 3 good keeper

Pea

Shelling:mixture of 8 seed co. steve ludwig 10+ Just a mix of early and late, tall or 10 varieties and short to extend season.

or 10 varieties
Soup:raison fellow gardener steve ludwig 2

ison fellow gardener steve ludwig 2 Large seeded, good yield. Stable

Pepper

Ben's Pepper Ben Kercsmar Horse Drawn 4 A sweet mildly hot red round Stable

pepper about the size of a cherry tomato. Great for stuffing. Original seed came from Italy from a pepper bought in a farmer's market. Mid maturing.

Pepper

Variety Original Source Grower Years Grown Description Purity

Lopez Long This will be my 6th yr. This is a beautiful red pepper, Stable Don't know Marney/Split Rock Garden elongated in shape. Very thickwalled, sweet and mild with a lot of flavor. The bush will grow to about 24" and usually has 6 to 12 fruits per bush. This pepper was donated to the Locavore Evening Meals At School in 2008. I think it was this date? I liked it so well that I took the seed home and summer of 2009 propagated it. That first crop not all the fruits came true. I chose the best seed from the truest fruit and have been growing them ever since. The fruit has been stable for the last 2 growing seasons. Quinoa Valle do Oro, stable **High Mowing Seed** Nootka Rose 4 contrary to popular belief, quinoa was and is grown all over Chile, right out to the coast. easy to grow and harvest and thresh. attacked by Diamond Back moth in late season, must spray with Bt. To remove bitterness, spin in food processer for 45 seconds, sift and rinse. **Shallot**

? Ed's red Steven 0 I grew them last year and am Stable Wrubleski saving a selected population to propagate seed from

Soy Bean

Variety **Original Source** Grower Years Grown Description Purity Black Pearl Victory Seeds Mary Hayton

Several years, off and For maybe 20 years, I have grown Stable small plantings of several varieties of edamame

> , saving seeds, but not enough plants of any of the varieties for good genetic diversity. Until 2014, when I purchased new seed and planted only Black Pearl with enough plants for the diversity. I use edamame for the Japanesestyle snack with beer, cooked in the pods with some salt, drained and beans squeezed out as we eat them. The pods that dry down are the seeds for next year, and a few black beans to make "kuromame", a traditional New Year good-luck dish in Japan. Not the same variety that is used by the Japanese, but the best variety for my garden so far. Growing these 24-inch plants in small cages or trellis is essential for sun and air and no disease.

Winter Squash:

Variety **Original Source** Grower Years Grown Description Purity

maxima, kabocha Steven over 20 I began by crossing many maxima Work in many sources Wrubleski squash which I liked, then figured progress type out that my FAVORITE maxima is the dense dry chest-nutty flesh of the Japanese kabocha variety. For many years I heavily tilted the gene pool towards kabocha including 1/3 or more kabocha in my planting. I have intentionally kept the phenotype diverse because I enjoy the beauty of each new surface design and shape. I have rigorously selected for flesh quality, ONLY saving seed from squash I ate and rated high. Storage quality has been included. I would like to stabilize a variety which is my favorite design out of the group.

waltham butternut seed co. steve ludwig 1

Just started with this one. Wanted Stable one that wouldn't cross with pepo.